



Champlain Valley Unitarian Universalist Society

July-Aug 2024 - Volume 27, Issue 1

2 Duane Court, Middlebury, VT 05753

(802) 388-8080

Unitarian Universalist Values

Love is the power that holds us together and is at the center of our six shared "JETPIG" values.

Justice

We work to be diverse multicultural Beloved Communities where all thrive

Equity

We declare that every person has the right to flourish with inherent dignity & worthiness.

Transformation

We adapt to the changing world.

Pluralism

We celebrate that we are all sacred beings diverse in culture, experience and theology.

Interdependence

We honor the interdependent web of all existence and our place in it.

Generosity

We cultivate a spirit of gratitude



Spirituality & the Arts

Summer Worship Service Series

Sundays at 10 am onsite only (no Zoom or recording)

Stay for Social Hour in Fellowship Hall



June 30—Embodiment as the Ground of Spirituality—

Integrated Artist Melissa Sallée with Rev. Tricia

July 7—The Third Eye: The Spirituality of Drone Photography—

Photographer Caleb Kenna with Liam Battjes Greenwood

July 14—What Are You Doing Here? The Art of Birding—

Naturalists Dottie Nelson & Scott Kluever with Liam Battjes Greenwood



July 21—What's Comfort Got to Do with It? —Architect

Jean Terwilliger with Ellen Flight

July 28—Spirituality & The Art of Theatre—Performers Asa Baker

Rouse and Elyse Singh with Becky Strum



Aug 4—Witness Marks: Anatomy of a Memory—Artist

Kate Gridley with Karl Lindholm

Aug 11—Travel Sketching as Spiritual Practice—

Louise and Ashley Cadwell with Abi Sessions



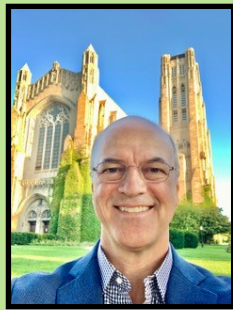
Aug 18—A Pilgrim & her Spiritual Quest on the

Camino de Santiago—Hiker Susie Davis Patterson with Abi Sessions

Aug 25—TBD—With Ellen Flight

Sept 1—Canoe Art & Spirit—Builder Scott Barkdoll with Ellen Flight

Kids Are Always Welcome! They can sit with their adults (floor is always fine) OR hang in the Kid Area. Nursery is open but UNSTAFFED.



Community Ministry “Beyond the Walls”

Stay informed on CVUUS's Community Ministry serving ‘beyond the walls’ by going to the CVUUS [Community Ministry](#) website. Learn more about local justice and equity issues and opportunities for you to collaborate and engage on the [Community Ministry News & Opportunities](#) page. Please reach out to Tom for more (communityminister@cvuus.org 802-377-7600)

Communications Team says...It’s a Breeze!

The recently formed CVUUS Communications Team (Mary Hadley, Margy Young, Laura Asermily, Jess Danyow) will send out our reformatted weekly happenings email from our Breeze database beginning July 10. Contact office@cvuus.org if you’re not getting these and want to be added. Also, let us know what you think of the streamlined easy-to-scan format linking to cvuus.org for more details. We will be allowing congregants access to Breeze to update their contact info and pledge giving status from Breeze soon. Stay posted! We’re also working toward organizing documents in Google Workspace to consolidate information and to create organizational ownership of materials. We welcome your input in improving our communications.

Interfaith Summer Picnic

Branbury State Park (Lake Dunmore)

Saturday Aug 10 gathering at 11 am
& eating at 12 pm

Middlebury Friends Meeting (Quakers) are hosting a picnic to which **CVUUS**, **Havurah (Jewish congregation)** and **Bread Loaf Mountain Zen Center** is also invited. Our faith groups had a long tradition of gathering for a potluck picnic at Button Bay so this is a resurrection of that. Admittance to park is \$4 or free for seniors with Green Mountain State Park pass (age 62+) which you can get at your town clerk’s office. Public libraries provide free passes. Some games will be provided and encouraged, but bring yours, as well as your own plates and utensils and chairs and kayak.

Picnic in the Park

SATURDAY, AUGUST 10
11am at BRANBURY STATE PARK

Looking for a fun and relaxing way to spend a day outdoors? Join us for a potluck picnic in the park!

All ages welcome.
We hope to see you there!

Middlebury Friends Meeting

Havurah of Addison County

Champlain Valley Unitarian Universalist Society

Bread Loaf Mountain Zen Center

Gather at the pop up tent on the right side near the water!



CVUUS July-Aug Newsletter

Welcome to CVUUS!

Follow us at cvuus.org.



Arrange access to our spaces

Refer people to arrange for our spaces [here](#). They are well-ventilated and feature **wifi access (1BamaDiva!)** and gender inclusive bathrooms. We adjust the permitted attendance level and masking requirements depending on COVID conditions, so ask the Office when you schedule. [Watch our online calendar](#) for when we are scheduled and when we are available for your small groups or events.

What Are Your Pronouns?

Celebrate gender identity by designating your pronouns on your name tag. Contact Poppy Rees about **CVUUS Our Whole Lives (OWL)** which helps youth explore their sexual identity.



2024 UUA General Assembly Article 2 Passed

We are grateful to our delegates **Tom Morgan, Brett Millier** and **Poppy Rees**. See uua.org for GA highlights. See [here](#)

for what it means to be a UU. See front cover for our adopted six "JETPIG" values.



Rev. Tricia Rev. Christina

Ministers' Summer Update

Summer is here! The season of picnics & hikes & days at the beach.... of visits with friends & family, near & far.... of quiet days in the garden, baseball games, afternoon naps. And -- summer is also a season of hard work, long days at the office, caring for loved ones, difficult conversations, marching for justice, living with anxiety about the future, climate change, weather disasters, & politics. In other words, summer is full to the brim with beauty & challenge.

Summer is a very special time for worship at CVUUS. This year's *Spirituality and the Arts* series begins on June 30 & runs through Sept 1. We hope you will come to one or many. Bring old friends, and meet some new ones!

Rev. Tricia and Rev. Christina will each take short breaks during July and August; we will also spend time making plans for the upcoming congregational year. We don't expect to be in Middlebury until the last week of August, though either of us can be reached in an emergency. The Caring Network is available for serious pastoral needs; and Tom Morgan, CVUUS' ministerial intern, will be working regular hours through July. Be well. Take good care. Summer blessings to all!

Rev. Tricia Hart & Rev. Christina Sillari



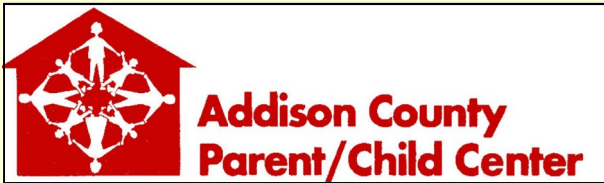
Social Action Updates



Interfaith Path Sanctuary

Summer “Share the Plate” Donees:

Spirit in Nature (July) in Ripton for bench replacement and trail restoration. Spirit in Nature is a place of interconnecting paths where people of diverse spiritual traditions may walk, worship, meet, meditate, and promote education and action toward better stewardship of this sacred Earth. More at spiritinnature.org.



Addison County Parent/Child Center

Addison County Parent/Child Center (Aug) across RT 7 from CVUUS on Monroe was founded in 1980 in response to a shortage of quality child care and services for Addison County families with children under the age of three. In the first year we served

70 families and today we serve almost 2,000 Addison County residents annually by providing child care, parent education, play groups, job training, academic education, social services and assistance in moving from welfare to work. More at addisoncountypcc.org.

*Thanks for your continued support of Donations Ministry. Join our team: Jean Terwilliger, Avi Freund, Ash Hickey, Liam Battjes Greenwood. Thanks to all who gave to our June donees **Outright VT and NAMI VT**. Track how much we contribute to donees at cvuus.org/justice/sharing-donation-plate/.*

Volunteer & Know You Make a Difference with Your CVUUS Teams



Charter House Meal Prep Teams We make dinner for residents (25-40) every 2nd Monday of month and lunch every Wednesday following that Monday where we also serve the lunch. Sign up [here](#) or see [Alan Moore](#).

Community Meal Prep: Friday Community Supper (free) offers eat-in and continues take out meals at Congregational Church of Middlebury from 5—5:30 pm. CVUUS provides nut-free **baked goods (300 cookies) on FOURTH Friday of month**. We look for 6 bakers 50 items each & occasional meals. Sign up [here](#) or see [Alan Moore](#).

Donate Items to HOPE, Have a Heart, Neat Repeats, JuneBug, Atria Collective, Charter House and Addison Allies! Tell them you are donating on behalf of CVUUS. Look for the food cart in our foyer for HOPE and box for personal care items for Atria Collective. *Charter House could use backpacks, totes, plastic bags with handles for take-out food, umbrellas, flashlights, earbuds, large men’s clothing.*





RELIGIOUS EXPLORATION: CVUUS KIDS THIS SUMMER



CHOICES FOR KIDS DURING WORSHIP

1. **RE (Religious Exploration) programs are over** for the "church year" and will start up again in the Fall.
2. **Kids are very welcome in Worship!** They can **sit with their adults** (floor is always fine) OR hang in the **Kid Area** with table and chairs, cushions, books, fidget toys, stuffies, Bristle Blocks, coloring pages, drawing supplies, and more.
3. **Kids can HELP on Sundays!** Talk to a Greeter or Usher.
Things kids often do: Greeter - outside or in foyer (greet people as they come in, especially kids), Usher - handing out Orders of Service by Sanctuary door, Ring the bell start of Worship, Usher - passing the Offering baskets in the middle of worship...
4. **Nursery is open but UNSTAFFED.** Children must be supervised at all times. Feel free to borrow quiet toys for worship and return them after. Changing table and sink.

RELIGIOUS EXPLORATION FOR CHILDREN AND YOUTH NEXT YEAR

We are planning to run **OWL: Sexuality Education for Grades 7-8**. We hope to start up **High School Youth Group** again. We do our best to base our offerings, especially for the younger children, on our actual CVUUS kids each year. We continue to be limited by a lack of volunteers and are considering how best to deal with that reality. **RE 24-25 information will come out at the end of the Summer.**

DO YOU WANT TO JOIN OUR RE COUNCIL?

We are restarting our RE Council in August! We're **looking for 4-6 people**, with a mix of RE parents (current/former) and non-RE parents. Click [HERE](#) for info.

AS USUAL, I AM OFF FOR JULY AND WILL RETURN IN AUGUST.

~ Love, Poppy - your Director of Religious Exploration



Have You Discovered Our CVUUS LIBRARY ?

CVUUS has several wonderful adult and children's titles and an [online reading list](#) for finding them. **Catalog:** There's a link to our [library catalog](#) on the CVUUS website under the "Learning" heading. We're happy to locate books for you. Arrange with Office or Artley Wolfson awolfson@middlebury.edu. We also have a **library of things**. Thanks to all who contributed books to our Rhubarb Festival and donate to our library and to Lise Anderson and Susie Davis Patterson for help with organizing all our books and Ellen Flight with covers.





Music Is a Vital Part of Congregational Life

We continue to be a home for community music making of all kinds and will announce our new music director succeeding Ronnie Romano by August. The acoustics of the room are wonderfully balanced for all kinds of music making! Reach out if you are interested in hosting your community arts-focused event with us. Contact office@cvuus.org to schedule.

Choir: Our 20+ person volunteer choir sings regularly at Sunday services and rehearsed each week on Thursdays

Open Mic Nights & Gender-Inclusive Contra Dances:

We've enjoyed performances by young pianists, storytellers – serious and comic, plus singers, banjo tunes, and poetry. Our **Contra Dances** featured Richard Hopkins as caller with live music. You could come by yourself, with a friend, or with a group. And many did!

Drumming :In addition to our own drums, we've welcomed West African Dance class accompanied by lively drumming and piloted Korean drumming classes.

Vespers: We experimented with candlelit evening services of contemplative Taize prayer and chanting led by Rev. Christina. We'll pause until Fall.

Middlebury College Community Chorus resumes at CVUUS on Sunday nights at 7 pm in mid-September with retreats this summer. Watch May concert [here](#).

Point Counterpoint Faculty Concert returns on Sat Aug 31 7 pm in our sanctuary. Free. World Class!



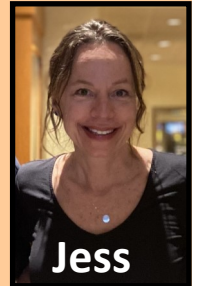
[Hiroya Tsukamoto](#) Concert on Friday Aug 9, 2024 at 7 pm in our sanctuary. Sliding scale \$10-\$30 per person. [Come hear](#) this amazing guitarist.

Staying Connected

Sunday Morning Social Hour (~11 am): Join exchanges after worship where we check in with each other.

Weekly Happenings (Wed):

Provides pathways for connection with links to our upcoming worships, past services, events. Not getting this weekly email?



Jess

Submit your news & queries to office@cvuus.org. Our communications assistant Jess Danyow handles this, our website and more on Tues & Thurs afternoons.

Yellow Card Milestones & Passages:

Complete one in the lobby on Sunday morning.

Council of Ministries:

Mary Hadley, with Susie Patterson and Louise Cadwell, convenes reps from



Mary

our ministry groups on 1st Monday of month at 5 PM to brainstorm and update each other in Fellowship Hall.

Need an update on your giving status?

Contact our book keeper **Cara Mosier** at fm@cvuus.org or 203-314-3347 on Tuesdays when she works remotely.



Cara



Explore Small Ministry Groups: A Different Way to Do Church

Small Ministry Groups deepen and broaden personal spiritual growth. A group usually consists of 8-10 members who meet monthly. Each meeting is focused on a spiritual or religious topic. Most take off for the summer and resume in Sept. More on what small group ministry is all about at cvuus.org [here](#). To join or form a group, contact Doug Richards (drichard@keuka.edu or 802-989-9387).

Or join one of our affinity groups.



Writers Group meets the second Monday of the month at 3 pm in Fenn Chapel *except summer*. All welcome. Contact [Bobbi Loney](#) at to be added to list.



CVUUS Sangha & Meditation

You're warmly invited to join us **Sunday evenings at 7 pm** when [Dinah Smith](#) gives guided meditations aimed at those who are new to this or already have a practice. Zoom link [here](#)



Flower Buds

Help decorate our sanctuary and Fellowship Hall with seasonal arrangements. Contact [Dinah Smith](#) if you'd like to rotate in or could help with our grounds. Thanks for Sue Rasmussen for new plantings and to all our weeders!



Affordable Housing for Addison County

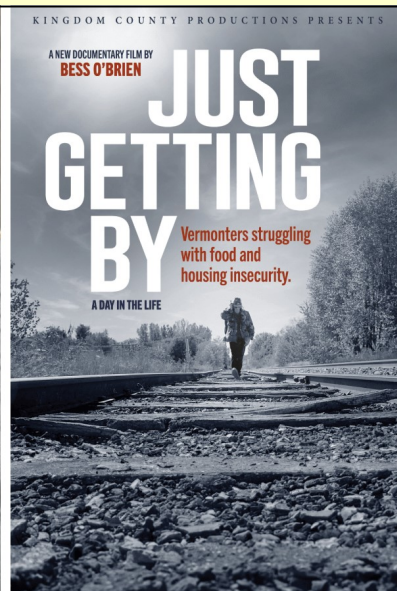
YOU CAN HELP EASE THE HOUSING CRISIS Spread the word among your friends, family and neighbors in Addison County. Look for & distribute our new brochure.

- **HomeShare Vermont** See Abi Sessions, Connie Kenna, Ellen Flight & <https://www.homesharevermont.org/>
- **Accessory Dwelling Unit (ADU)** Basic Info: <https://accd.vermont.gov/adu> Addison County Guide: <https://acrpc.org/regional-programs/housing/> See Mike Small.
- **Homes First (Tiny Homes)** <https://homesfirstvt.org/> See Jean Terwilliger.

Addison County Interfaith Affordable Housing Alliance meets the first Monday of the month at 7 pm in Fellowship Hall. See **Mike Greenwood** or **Jean Terwilliger** & [here](#).

Learn about these options **Sat. Sept 21** at the screening of **Just Getting By** at **4:30 pm** at CVUUS being hosted by Middlebury College as part of its Clifford Symposium. There will be a

brunch for invited social service stakeholders at 11 am in Fellowship Hall with displays after it and preceding the viewing. Meanwhile, look for the **tiny house** built by the Career Center on display this summer.





SPAM EMAILS & TEXTS Please use caution when opening/reading/responding to both emails and texts to keep yourself safe. Our ministers will never ask you for financial gifts or for our directory.



Laura

BREEZE DATABASE ACCESS COMING SOON
CVUUS members and friends will be given permission to access our Breeze database for directory information. You'll be able to update your own contact info and see your financial giving record. We're aiming for June.

CARE FOR PARKING! Our lot is reserved for those who need accessible spots. **CARPOOL!** See Go! VT connectingcommuters.org.



USE OUR OWL! Look for it in Blue Room along with instructions for this aid to hearing and

seeing each other better in hybrid zoom meetings. Portable.

Special Olympics Healthy Athlete Training earlier this year took advantage of our hybrid meeting accommodations. You can, too!



CVUUS ZOOM: Ask Laura (388-8080 or office@cvuus.org) how you can request a cvuus zoom meeting. **To "claim host" once you are in:** Click on your name in participants" and scroll down below the list of names and click "claim host" and where it asks for the "host key", put in these 6 numbers: **364568**. Click claim.

CVUUS HOSTS RETREATS & EVENTS

We continue to welcome groups. Watch our online calendar for availability and see our rates at cvuus.org. Schedule with Office Manager Laura Asermily (office@cvuus.org or 802-388-8080)

- Al-Anon** for families and friends of Alcoholics meets weekly on Wednesdays 1:30-2:30 pm in Fenn Chapel, seeks anonymity.
- PEO (Philanthropic Education Organization)** meets on 2nd Thursday of month at 2 pm in Fenn Chapel. Contact Anne Christie 388-4347
- Quilters Stashbuster Sale**, Sat Aug 24 (8-4). Bring your crafting to us.
- 3 Flipping Things Get Out the Vote Letter Writing Campaign** on 3rd Wed of month at 7:30-9 pm (July 17 & Aug 21). All welcome.
- Counseling Service of Addison County** for a Emotional Response to Crisis training on July 16-1, 9-5 in our sanctuary. Avoid Access.
- ACORN Network Board**, Mon July 22, 5:15 pm, avoid access.
- Middlebury College Community Chorus** for summer retreats on Sun July 13 and Aug 18 in our Sanctuary and returning for rehearsals in mid-Sept Sundays at 7 pm.
- Hiroya Tsukamoto Guitar Concert**, Fri Aug 9, 7 pm, Sanctuary. World class!
- Memorial Service C. Deem Schoenfeld**, Sat Aug 10, 10 am, Sanctuary & Fellowship Hall
- Point Counterpoint Faculty Concert** returns on Sat Aug 31, 7 pm in our sanctuary. Free. World Class!





Rory Timmons 7/2
 John Barstow 7/4
 Jean Terwilliger 7/4
 Asa Baker-Rouse 7/7
 Joan Todd Soper 7/7
 Mary Hadley 7/15
 Laura Asermily 7/15
 Gail Lyall 7/16
 Dottie Nelson 7/20
 Sue Rasmussen 7/24
 Abi Sessions 7/25
 Mary Conlon 7/27
 Paul Vaczy 7/31
 Dorothy Mammen 8/1
 Meredith Anderson 8/2
 Neil Chippendale 8/5
 Rosalie Cryan 8/5
 Joyce Ross 8/9

Allison Cutler 8/12
 Curtis Borden 8/13
 Julia Tarbell 8/14
 Jordan Young 8/14
 Elaine Orozco-Hammond 8/15
 Kiki Singh 8/16
 Callie Rees 8/17
 Colleen Smith 8/18
 Marty Kulczyk 8/19
 Rev. Tricia 8/21
 Lawrence Thomas 8/23
 Heidi Sulis 8/24
 Richard O'Donohue 8/25
 Johanna Vaczy 8/25
 Valerie Lebensohn 8/25
 Theodora Porter 8/27
 Paul Stone 8/31

Wheel of Life CVUUS commemorates births and deaths. **Milestones and Passages** are shared each Sunday. Submit a “yellow card” found in lobby to the worship leader before worship begins. **Birthdays** are celebrated with cake on the 3rd or 4th Sunday of the month. *Missing you? Contact office@cvuus.org.*



for online giving

Online Giving <https://cvuus.breezechms.com/give/online> See how to choose options at cvuus.org/connection/donate or by code.

CVUUS Seasons of Life Fund Commemorate personal milestones and passages through financial gifts to CVUUS that provide extra funds for us to fulfill our work. Thank you for considering this.



Our Caring Network (CN) provides support, such as calls, visits, meals, and rides, to those in need. If you

think of a need that we could provide for you or any CVUUS member or friend, there are “pink cards” on the foyer table in the sanctuary. Please fill one out and place in the nearby envelope marked *Confidential for the Caring Network*. We’ll check it weekly and do what we can to facilitate this need.

Join **Kathryn Schloff** (kathrynschloff@gmail.com or 802-349-5264), **Michele Lowy**, **Dale Birdsall**, **Ted Scheu**, **Ginny Ashenfelter**, **Morris Earle**, **Lynne Balman** & **David Bristol** in this meaningful work. They meet 2nd Thursday of the month at 10 am.

Let’s Eat Together Caring Network invites you to come to **Eastview** (off South St next to Porter) on the 4th **Tuesday of the month** at noon to share lunch with them and the many Eastview residents there who are CVUUS members and friends. Bring your own lunch.

Visit www.uua.org to learn about the wider work of UUA and our affiliates.

Champlain Valley Unitarian Universalist Society



2 Duane Court, Middlebury, VT 05753
Located at Duane Court & Charles Avenue

FOR MORE INFORMATION:
(802) 388-8080; office@cvuus.org
Office Hours: M–F, mornings
Visit our web site at www.cvuus.org.
And Facebook page CVUUSVT

MINISTERS

Rev. Tricia Hart
Email: revtricia@cvuus.org
Rev. Christina Sillari
Email: revchristina@cvuus.org
Tom Morgan
Email: communityminister@cvuus.org

CVUUS Board of Trustees

Hannah Sessions– President	Members At Large:
Brett Millier– Vice-President	Alan Moore
Mary Conlon – Treasurer	Llyn Rice
Kerri Duquette-Hoffman— Clerk	Margy Young

CVUUS Leaders

Caring Network – Kathryn Schloff 349-5264
Climate Engagement — Lise Anderson 734-255-3434
Council of Ministries — Mary Hadley 377-2270
Donation Ministry — Jean Terwilliger 377-1849
Facilities – Bob House 989-5050
Finance—Mary Conlon 349-0512
Library & Information Resources – Artley Wolfson 989-7081
Music Ministry — Carol Harden 989-8783
Religious Exploration Council – Jess Rouse
Safety—Alan Moore 865-335-2028
Small Group Ministry — Doug Richards 989-9387
Welcoming Team—Mike Greenwood 349-5653
Worship Team – Abi Sessions 349-8147

CVUUS Staff

Administrator– Laura Asermily (office@cvuus.org, 388-8080)
Communication Assistant—Jess Danyow (office@cvuus.org)
Bookkeeper – Cara Mosier (fm@cvuus.org, 203-314-3347)
Religious Exploration – Poppy Rees (re@cvuus.org, 349-8508)
Music – TBD (music@cvuus.org)
Custodian— Keith Rickerby (989-6036)



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Summer Worship Services
Sundays at 10 am onsite only (no Zoom or recording)
Stay for Social Hour in Fellowship Hall

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