



Champlain Valley Unitarian Universalist Society
Spirituality & the Arts Summer Worship Series

All Welcome Sundays at 10 am Stay for Social Hour

Travel Sketching as Spiritual Practice

August 11, 2024 with Louise and Ashley Cadwell

Prelude pianist Kate Gridley

Sounding the Bowl worship associate Abi Sessions

***Gathering Song** *Turn the World Around* #1074 Teal book

Land Acknowledgment & Welcome

Opening Words Yes by William Stafford

Chalice Lighting by Hafiz

*I wish that I could show you
When you are lonely or in darkness
The astonishing light of your own being*

Time for All Ages *Bug drawing with Children and Grown-ups* Louise

Offering

Checks can be written to CVUUS or use the QR code to donate.
Undesignated gifts will be split between the Parent/Child Center
and the ministries of CVUUS.



***Song** *From You I Receive* #402 Gray book

Milestones & Passages; Meditation

Reflection: Keeping a Sketchbook as Spiritual Practice

Louise and Ashley Cadwell

***Song** *May Your Life be as a Song* #1059 Teal book

Pathways to Connection

Closing Words *You Reading This, Be Ready* William Stafford

Postlude pianist Kate Gridley



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Champlain Valley Unitarian Universalist Society exists to spiritually nourish, challenge, and sustain people of all ages and circumstances, so that they might lead lives of meaning, integrity, and service.

June 30—Embodiment as Ground of Spirituality—Melissa Sallée with Rev. Tricia

July 7—The Third Eye: The Spirituality of Drone Photography —Caleb Kenna with Liam Battjes Greenwood

July 14—What Are You Doing Here?The Art of Birding —Dottie Nelson & Scott Kluever with Liam Battjes Greenwood

July 21—What’s Comfort Got to Do with It?—Jean Terwilliger with Ellen Flight

July 28—Spirituality & The Art of Theatre —Asa Baker Rouse and Elyse Singh with Becky Strum

Aug 4—Witness Marks: Anatomy of a Memory—Kate Gridley with Karl Lindholm

Aug 11—Travel Sketching as Spiritual Practice—Louise and Ashley Cadwell with Abi Sessions

Aug 18—A Pilgrim & her Spiritual Quest on the Camino de Santiago —Susie Davis Patterson with Abi Sessions

Aug 25—TBD—With Ellen Flight

Sept 1—Canoe Art & Spirit—Scott Barkdoll with Ellen Flight

Kids Are Always Welcome! They can sit with their adults (floor is always fine) OR hang in the Kid Area with table and chairs, cushions, books, fidget toys, stuffies, more. Nursery is open but UNSTAFFED. Children must be supervised at all times.

Arrange Access to Our Spaces They’re well-ventilated, feature wifi access, gender-inclusive bathrooms and media that can accommodate hybrid meetings. Zoom viewing option and recordings of our worship services return in September.

Contact CVUUS 802-388-8080 office@cvuus.org www.cvuus.org



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