

Champlain Valley

Unitarian Universalist Society

Our Changing Story: Why We're Here (Part 1)

*"Collaboration is not about gluing together existing egos.
It's about the ideas that never existed until after
everyone entered the room." - Anonymous*

Land Acknowledgement Karl Lindholm

Welcome & Pathways to Connection Karl

Gathering Song *Building a New Way* (#1017 Teal)

Call to Worship *Witnesses of the World* by Tania Marquez
Rev. Tricia

Chalice Lighting by Kathleen McTigue Karl

We come together to remind one another
To rest for a moment on the forming edge of our lives,
To resist the headlong tumble into the next moment,
Until we claim for ourselves awareness and gratitude,
Taking the time to look into one another's face
And see there communion: the reflection of our own eyes.
This house of laughter and silence, memory and hope,
Is hallowed by our presence together

Time for All Ages Poppy Rees, Dir. of Religious Exploration

Singing the Kids Out *This Little Light of Mine* (#118 Gray)

Offering

Our October donee is **ACORN Food Hub**.
Please write checks to CVUUS. Cash and
checks not otherwise specified will be split
between CVUUS and the donee. You can
donate online with the QR code.



Offering Music Ronnie Romano

Receiving the Offering *From You I Receive* (#402 Gray)

Milestones & Passages Rev. Tricia

Meditation Rev. Tricia

Music *Where Do We Come From* (#1003 Teal)

Reading from *The Art of Happiness*,
The Dalai Lama and Howard Cutler MD Karl

Sermon *Our Changing Story* Rev. Tricia

Music *Fire of Commitment* (#1028 Teal)

Benediction

Postlude *Hand in Hand*, Rollo Dillworth Ronnie & Choir

Thank you! Thanks to Worship Associate Karl Lindholm: Tech Team Abi Sessions, Mary Hadley, and Rich Wolfson; Zoom social host Steve Butterfield; our Choir; our ushers Helene Vanderburgh and Mike Greenwood; Alice Berninghausen for flowers; Marnie Wood for Fellowship Hall decorating; and all others who stepped up to help today.

Social Hour: Thanks to our fabulous Facilities Team for hosting this Sunday. Let Alan Moore know if your ministry team or small group would like to take a turn covering this. Find the sign-up sheet in Fellowship Hall.

Radical Love Exchange is underway! Look for the flyer in Fellowship Hall (or Mike Greenwood) and more in our October newsletter on the welcome table, the Blast and at cvuus.org.

FREE THINKER'S SPACE



RELIGIOUS EXPLORATION (RE) FOR CHILDREN AND YOUTH

- ~ Nursery is open and staffed from 9:45-11:15 Sunday mornings
- ~ Weekly Sunday morning RE programs for preschool to grade 7
- ~ Youth Group (Gr 8-12) - contact Poppy Rees (see below).

Stay Connected!

Weekly Blast (Wednesdays) provides links to our upcoming worship service, past services, and events and **Weekend Greeting (Fridays)** offers inspirational thoughts.

Contact Us: 2 Duane Court, Middlebury VT 05753

Phone: 802-388-8080; **Email:** office@cvuus.org

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Ministers: Rev. Christina Sillari, revchristina@cvuus.org

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Music Director: Ronnie Romano, music@cvuus.org

Hearing Assistance: Headsets to amplify sound or for hearing the worship service audio while elsewhere in this building are available in the back of the Sanctuary by the sound system.



CHAMPLAIN VALLEY UNITARIAN UNIVERSALIST SOCIETY

Our Changing Story: Why We're Here (Part 1)

Worship Leader: Rev. Tricia Hart

Worship Associate: Karl Lindholm

October 1, 2023

Champlain Valley Unitarian Universalist Society exists to spiritually nourish, challenge, and sustain people of all ages and circumstances, so that they might lead lives of meaning, integrity, and service.

Pathways to *Healthy Connections*

COVID Rapid tests are available free again (4 per household)

Donate your unused ones to us. See Blast for links & more.

Addison County CROP Hunger Walk, Today, 12:30 pm,

Middlebury Town Green. Find Marnie Wood to donate or to walk. Also the blast for online link to donate and more.

Next Sunday Oct 8: *Liminality*: Rev. Christina Sillari explores the concept of liminality and its role in our religious lives.

New! Vespers, 7 pm, Sanctuary. Rev. Christina leads us in meditative poetry, silence and music accompanied by Ronnie Romano. Try it!

Honoring Our Ancestors: Do you have an ancestor who determined or transformed the circumstances or destiny of your family, or you in particular. Tell that story at our annual ancestors' service this October 29th, the Sunday before All Saints' Eve. Interested? Be in touch with Karl Lindholm.

Speaking of honoring ancestors, CVUUS will host the **Mexican Consulate Visit** on **Sat. Oct 28** near the Day of the Dead which we'll celebrate with displays and food while legal documents, the main focus for migrant workers, are processed. Sign up to bring food and to help with greeting, translating, parking, set up, clean up and child care. See sign up links in Blast. Follow efforts to support our migrant neighbors cvuus.org/news.

Affordable Housing for Addison County interfaith group invites you to explore 3 options to **alleviate the housing crisis**. Learn about these at a Community Conversation on Sun. Oct 29, 4 pm, at Congregational Church of Middlebury. Look for a flyer in Fellowship Hall. It meets on the **first Monday of the month at 7 pm** in Fellowship Hall so **THIS Mon Oct 2** if you want to help.

Climate Engagement Opportunities: Consider the following.

Pizza & Power: Green & Just Electricity for VT, THIS Tues. Oct 3, 5 pm, Fellowship Hall.

Learn where VT's electricity actually comes from, why changes to current law and energy policies in VT are needed to be truly green and just, how this affects ratepayers, and how we can make sure— with your help!— that critical improvements are made this legislative session.

Participants will leave with clear next steps. Co-sponsored by CVUUS Climate Engagement Team, 350VT Addison County Node, and 350VT.

Skill Up to Power Up, Sat. Oct 14, 10-5 pm, Sanctuary Register at 350VT/events. In person training for climate activists.

Discerning Our Obligations to Respond to Climate Change,

Wed. Oct 25, 5 pm, Middlebury College Dana Auditorium.

Chuck Collins, author of *Born on Third Base*, returns to Middlebury to discuss his new book, *Altar to an Erupting Sun*.

Events in CVUUS space are scheduled through the Office. Our meeting spaces are well-ventilated and feature wifi access and gender-inclusive bathrooms. *See our online calendar at cvuus.org for availability.* **Counseling Service of Addison County** returns for trainings and retreats Oct 3 & 10 using both sanctuary and Fenn and *needs parking & confidentiality*. **American Red Cross** for blood drives on Wed Oct 18 (10-5), Fri Nov 24, Wed Dec 27. **Pollinator Pathways of Addison County** in our sanctuary Mon Oct 16, 7 pm to inspire us on gardening measures. **Breath-Out Workshop** with Dorothea Langevin on Sat Oct 21, 1-3 pm in sanctuary. **Green Mountain Club** returns with talks including one on **living with bears** on Oct 24, 7 pm in our sanctuary. **Quilters** continue to use our Fellowship Hall for sewing and events.