

**Champlain Valley
Unitarian Universalist Society
Spirituality and the Arts Summer Series**

Land Acknowledgement Liam Battjes-Greenwood

Welcome & Pathways to Connection Liam
Please consider submitting yellow card messages of milestones and passages that are uncomfortable or touched by mixed feelings

Gathering Poem *There Doesn't Need to be a Poem*
by Tess Taylor, *How to Love the World*, James Crews editor

Chalice Lighting (Unison) Adapted from Annie Dillard
We light this chalice to invite us to notice creation
and to witness its many expressions,
to notice each others' beautiful face
and complex nature.
We lift up this light so that creation
need not play to an empty house. – Annie Dillard

Opening Song *Here We Have Gathered* Gray #360

Time for All Ages *Drawing Cockroaches* with Jenny Muskopf

Singing the Children Out *Let Us Open Our Eyes*

Offering Liam

For the next five weeks we are sharing our plate with five different organizations who are involved in **flood relief** for various areas of Vermont. Please write checks to CVUUS. Cash and checks not otherwise specified will be split between CVUUS and the donee. You can donate online with the QR code.



Offering Music Kate Gridley

Receiving the Offering *From You I Receive* Gray #402

Milestones & Passages Liam

Meditation *Love is the Bridge between You & Everything*—Rumi
Meditation on images from Jenny Muskopf

Musical Response *Filled with Loving Kindness* Teal #1031

Readings *For the Time Being* by Annie Dillard

Message *Seeing Beauty in the Uncomfortable* Jenny Muskopf

Song of Response *DeColores* Gray #313

Closing Words Jenny Muskopf

Postlude Kate

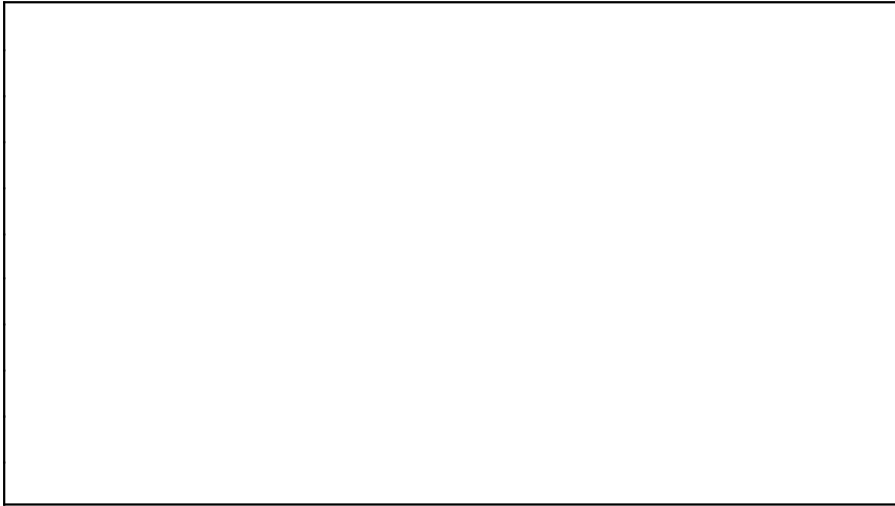
Welcome Jenny Muskopf – Jenny is an instructor at Middlebury Studio School, teacher at Shoreham Elementary, fabric artist and painter who applies her art to lovingly engage the world – such as creating mandalas at sites where there has been gun violence. She is the mother of two amazing teenagers who reflect the color and courage Jenny brings to the art of living.

Thank you! Thanks to Liam Battjes-Greenwood for reaching out to his gifted colleague; thanks to our tech team Samantha Smith and Abi Sessions, thank you to Kate Gridley for providing music; Jess Danyow for flowers; and others who made today possible.

Hearing Assistance: Headsets to amplify sound or for hearing the worship service audio while elsewhere in this building are available in the back of the Sanctuary by the sound system.

Summer Social Hour: We welcome volunteers to help sustain this. You can put out or augment snacks and drinks you find in lower level kitchen. It is fine to opt to offer cold drinks only. Feel free to share your extra veggies and herbs during social hour or donate it to our food shelves.

FREE THINKER'S SPACE



RELIGIOUS EXPLORATION (RE) FOR CHILDREN AND YOUTH

Nursery is open and staffed from 9:45-11:15 Sunday mornings, Older children may also choose to sit with their adults or at the table on the west side of the sanctuary or go to the nursery.

Stay Connected!

Weekly Blast (Wednesdays) provides links to our upcoming worship service, past services, and events.

Contact Us: 2 Duane Court, Middlebury VT 05753

Phone: 802-388-8080; **Email:** office@cvuus.org

Facebook: CVUUSVT; **Web:** cvuus.org

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Co-Minister: Rev. Christina Sillari, revchristina@cvuus.org

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CHAMPLAIN VALLEY UNITARIAN UNIVERSALIST SOCIETY

Spirituality and the Arts

Seeing Beauty in the Uncomfortable

Special Guest: Jenny Muskopf

July 30, 2023

Champlain Valley Unitarian Universalist Society exists to spiritually nourish, challenge, and sustain people of all ages and circumstances, so that they might lead lives of meaning, integrity, and service.

Pathways to Connection

NEXT Sunday Aug 6—The Artist's Way: A Spiritual Path to Higher Creativity "*One of the great misconceptions about the artistic life is that it entails great swathes of aimlessness. The truth is that a creative life involves great swathes of attention. Attention is a way to connect and survive*"- Julia Cameron from *The Artist's Way*. Understanding that attention is a form of meditation and prayer, and simple drawing with no judgment or pre-conceived thoughts is a pure form of attention (and FUN!). Starting June 6 Hannah Sessions committed herself to making a sketch a day for 60 days. She will discuss the effects of this practice from her perspective and others, share her sketches, and hopes that all in attendance will join her in her final sketch on August 6 - view from the pulpit. A fun and celebratory service about the power of art to inspire attention and gratitude!

3rd Annual Fiesta: Please join **Viva el Sabor**, our migrant women collective, for an evening of delicious food, children's activities, and a cash bar run by American Flatbread **TODAY 3-8 pm** in the **Marbleworks**. We encourage guests to bring their own picnic blankets, lawn chairs, and reusable dishes. Cost: \$6 per piece, with 11 chefs selling varied menus.

Rev. Barnaby lucked out with a **perfect night for enjoying CVUUS's retirement gift of baseball game in Washington DC** last Saturday. The Giants, alas, were clobbered but that didn't stop him from thoroughly appreciating the congregation's generosity. In addition to thanks, he sends best wishes to everyone for a great year with your new interim ministers.

We announced last week that **Co-Ministers Rev. Tricia Hart** and **Rev. Christina Sillari** begin in August. Both ministers are very experienced and will enrich our congregational life and aid us in

welcoming a settled minister at the end of our two-year period. *Beware of spam* that some have received recently as hackers targeting UU ministers try to mislead you into sending gifts. Financial gift requests don't come from our ministers.

Sharing Our Plate: We'll split our July offering plate with the *New Yorkers Against Gun Violence Education Fund* and *Giffords Center for Violence Intervention* and pivot to sharing our August plate with several organizations working on *VT Flood Relief, especially in the Montpelier/Barre area*. Thanks so much for your gifts. Track how much we give at cvuus.org/justice.

YOU CAN HELP EASE THE HOUSING CRISIS Spread the word among your friends, family and neighbors in Addison County.

1) HomeShare Vermont <https://www.homesharevermont.org/>

2) Accessory Dwelling Unit (ADU) Basic Info:

<https://accd.vermont.gov/adu> Addison County Guide:

<https://acrpc.org/regional-programs/housing/>

3) Homes First (Tiny Homes) <https://homesfirstvt.org/>

Our Caring Network provides support, such as calls, visits, meals, and rides, to those in need. Please contact Kathryn Schloff (802-352-4246), Lynne Balman, Dale Birdsall, Michele Lowy, Marjorie Carsen, Ginny Ashenfelter, Morris Earle, Tom Morgan or Ted Scheu for assistance, including **if you've been impacted by flooding** and need help. They can put out requests. Let them know if you would like to provide assistance. The Caring Network surveyed the congregation in May 2023 to find out how to better meet its needs. **Deep thanks to those who completed the survey. Read the results** and more about Caring Network efforts at cvuus.org/connection/caringnetwork.

Sanctuary Boston House Concert, Fri Aug 11, 7 pm, Fellowship Hall . \$10 free will donation. Look for more about this in the Blast.